

Week 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day ***	Soup of the Day ***	Soup of the Day ***	Soup of the Day ***	Soup of the Day ***
Chicken and Vegetable Curry or Roasted Vegetables with Cous Cous	Meat Loaf with Onion Gravy or Bean and Vegetable Bake	Chicken Chow Mein or Mushroom Taglietelli	Roast Turkey or Onion and Cherry Tomato Tart	Fish Goujons or Vegetable Curry with Rice
Pilaf Rice or Bombay Potatoes ***	New Potatoes Cabbage ***	Sweet corn Croquettes ***	Roast Potatoes Carrots and Green Beans ***	Chips Peas ***
Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***
Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna
Pineapple Upside Cake with Pave Custard	Apple Crumble with Cream	Carrot Cake	Chocolate Mousse	Oaty Flap Jack

week 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day ***	Soup of the Day ***	Soup of the Day ***	Soup of the Day ***	Soup of the Day ***
Beef Bolognaise or Potato and Vegetable Frittata	Turkey Burgers in a Bun or Spicy Vegetable Fajitas	Salt Beef or Vegetable Risotto	Fried Fish in Batter or Spanish Tortilla	Chicken Stir Fry or Stir Fried Vegetables
Spaghetti Garlic Bread or Salad ***	Potato Wedges Coleslaw ***	Mashed Potato Carrots ***	Chips Peas ***	Egg Fried Rice ***
Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***
Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna
Jam and Coconut Sponge with Pave Custard	Lemon Drizzle Cake	Apple Pie and Cream	Chocolate Brownie	Trifle Pots

Week3				
Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day ***	Soup of the Day ***	Soup of the Day ***	Soup of the Day ***	Soup of the Day ***
Turkey Meat Balls in a Tomato Sauce or Cauliflower and Broccoli Bake	Beef Vienna's with Onions or Vegetable Lasagne	Fisherman's Pie or Lentil and Mushroom Loaf	Beef Casserole or Chick Pea Curry	Turkey Schnitzel or Tempura Battered Vegetables
Rice Mixed Vegetables ***	Sauté Potatoes Sweet corn ***	Boiled Potatoes Green Beans ***	Creamed Potatoes Swede and Carrots ***	Potato Wedges Peas ***
Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***
Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna
Cocoa Sponge with a Pavev Cocoa Sauce	Fruit Jelly	Eves Pudding with Pavev Custard	Ice Cream Sundaes	Chocolate Cornflake Cake

week 4				
Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day ***	Soup of the Day ***	Soup of the Day ***	Soup of the Day ***	Soup of the Day ***
Poached Fish in a Mediterranean Sauce or Vegetable Goulash	Beef Lasagne or Stuffed Courgettes	Chicken and Vegetable Pie or Leek and Potato Bake	Cottage Pie or Roasted Vegetable Pancakes	Fried Fish in Matzo Meal or Chines Vegetable Noodles
Rice or New Potatoes ***	Garlic Bread or Salad Sweet corn ***	Mashed Potatoes Broccoli ***	Boiled Potatoes Carrots ***	Chips Peas ***
Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***	Pasta Dish Of the Day ***
Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna	Jacket Potato served with Beans/Coleslaw or Tuna
Rhubarb Crumble with Pave Custard	Jam Tart	Oaty Cookies	Bread and Butter Pudding	Raisin Cup Cakes